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AUTHOR Nolting, Paul D.
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ABSTRACT

College students having a poor high school mathematics background or returning to school after many years may want concrete tips and procedures to help them improve their grades in mathematics. This book provides those tips and procedures proven effective in improving a student's ability to learn mathematics and take tests. Pre-test study skills evaluation is provided. Chapters include: (1) "Understanding the Special Study Requirements for Mathematics"; (2) "Identifying Your Positive and Negative Mathematics Achievement Characteristics"; (3) "Learning How to Reduce Mathematics Test Anxiety"; (4) "Developing Effective Study Management Skills"; (5) "Improving Listening and Note-Taking Skills"; (6) "Improving Reading and Homework Techniques"; (7) "Creating a Positive Study Environment"; (8) "Learning Critical Memory Techniques"; (9) "Improving Mathematics Test-Taking Skills"; and (10) "Taking Control Over Mathematics." The appendices include some practical suggestions for studying mathematics and taking examinations. (YP)

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